

2011 Capital Area Swim League Meet Directions

Northern York High School: (Northern York YMCA 6/18/11) Follow Route 74 North through Rossville. This now becomes “Old York Road”. Continue on Old York Road towards Dillsburg. About two miles before Dillsburg, at the bottom of the hill, turn left onto Warrington Road. Turn right onto to Stony Run Road. Follow Stony Run Road to Route 74. Turn right onto to Route 74 and follow a short distance to Northern York High School on the right.

Dallastown Area Middle School: (Wildcat Swim Club 6/25/11) Take I83 South to Exit 6E – Route 74 South – South Queen Street. Follow Route 74 South into Dallastown. At traffic light, turn right onto South Walnut Street (Turkey Hill on right). Continue on Walnut Street 3 ½ blocks, bear right and school is straight ahead. The pool is straight ahead in the middle school.

Cumberland Valley High School: (AAAA Divisional Championships 7/23/11) Route 83 north to the Camp Hill exit - that puts you on route 581 until it joins with 81 south - proceed to the Mechanicsburg route 114 exit. Turn L.H. at end of the ramp onto route 114 - continue to route 11 south (Carlisle Pike) turn right & proceed approximately 2 miles to the Cumberland Valley Educational Park. Look for signs to pool.

Camp Hill Community Swimming Pool: (CASL All-Star Championships 7/24/11) I 83 North to exit 20 (marked Route 581 West – Camp Hill). This is a left lane exit. Merge on Route 581 and travel approximately 1.8 miles to exit 5A (Camp Hill). This will be U.S. Route 11-15 north. Proceed on Route 11-15 through 5 traffic lights (distance is approximately 1.1 miles to 5th traffic light). After 5th traffic light get in left lane. Approximately .3 miles after the 5th light there are two available left turns into the Camp Hill Park and Pool Complex (the first is at 25th Street and the second is at Willow Avenue).

Hershey Cocoa Plaza Pool: (Mid-Cap Swimming Championships 7/30/11) Take 83 North to 322 East to Hershey Exit. Take 322 (Governor Road) to 743 (5th stoplight). Turn left onto 743 (Cocoa Avenue). Pool is on right, approximately 1/4 of a mile.

DOVER AREA AQUATIC CLUB 2011 CAPITAL AREA SWIM LEAGUE SCHEDULE

JUNE	11	York YMCA	HOME	8:30 AM
	18	NYAC	Away	9:00 AM
	25	Wildcat	Away	8:30 AM
JULY	9	Cumberland Valley	HOME	8:30 AM
	16	Carlisle	HOME	8:30 AM
	23	AAAA Divisionals @ Cumberland Valley		
	24	CASL All Star Champs @ Camp Hill		
	26	DAAC Banquet @ DO Fire Hall		6:00 PM
	30	Mid Cap Championships @ Hershey		

Additional driving directions can be found on the www.swimcasl.org web site under each team

Messiah College (West Shore YMCA 7/17/10): Follow Route 74 North for about 5.5 Continue straight onto Old York Road for about 2.7 miles. Turn right onto Game Road. Turn right onto South York Road. South York Road becomes South Market Street. Turn left onto West Lisburn Road. Turn left onto Grantham Road. Go straight to One College Avenue.

Palmyra Community Pool: (MID - CAP CHAMPIONSHIPS 7/30/05) Take 83 North to 322 East. On US 322, Campbelltown - At the 'center' of Campbelltown, there is a Turkey Hill and Annie's Soft Ice Cream on corners, Palmyra Road turns north and Lynmar Avenue turns south. Turn north onto Palmyra Road. *Continue for approximately 1.6 miles passing Redner's Market and Bartolo Pizza on the right. At Bartolo Pizza, Orchard Drive, turn right. Continue to the stop sign. Penn State Health Center is on the right. Turn right onto Park Drive. Continue past the Health Center to the Palmyra Community Pool. Please do not park in the Health Center lot.

East Pennsboro Middle School: (EAST PENNSBORO) Route 83 North to Route 11/15 north. Follow along the Susquehanna River until you enter the East Pennsboro area. Turn left onto Shady Lane. Follow until you reach North Enola Drive, turn right. Turn left onto Panther Parkway and look for the East Pennsboro Middle School on your left. 529 North Enola Drive, Enola, PA 17025-1599 (717) 732-0771

Northeastern Middle School: (Bobcat Swim Club 7/8/00) Take I 83 to exit 11, Emigsville. Follow signs to Manchester on Board Road, approximately 2 7/10 miles. At first stop sign, turn right for 1/10 mile. Left at next stop sign onto Main Street. Continue to traffic light, turn right onto Maple Street. Go 3/10 mile and turn left onto Hartman Street. Junior high on left (pool).


West Shore YMCA (outdoor facility): (Mid Cap Championships 7/29/2000) From York take 83 North towards Harrisburg. Take exit 18 (Lewisberry Road/N. Cumberland) at stop sign turn left on 114 up hill 2 tenths of a mile. Turn left on Steigerwalt Hallow Road. Follow for two tenths of a mile. At the bottom of the hill turn left onto YMCA drive. Follow for two tenths of a mile and make for right turn into park and pool.

Gettysburg YWCA: (7/6/02) Route 30 West to Gettysburg. Follow York Street (Route 30) straight through the square in Gettysburg. After passing the square, turn left at the first light onto South Washington Street. At the first light, turn onto West Middle Street. After the second light, go down the hill and the YWCA is on the right.

Carlisle Community Pool: (7/13/02) Interstate 81 North to exit Penn 24 (South Hanover Street) follow towards Mount Holly Springs. Turn right onto Rolling and then left into the Carlisle Swim Club grounds.

York Suburban High School: (TROJAN AQUATIC CLUB 6/10/06) Travel I 83 South to Exit 7, Prospect Street. Bear right off ramp on Prospect Street to second traffic light. Turn left on Hill Street. Continue two blocks. Bear left on Hollywood Drive 1/2 mile. High School is on left.

Red Lion High School: (LION AQUATIC CLUB 7/15/06) Take I83 South to Exit 6E – Route 74 South – South Queen Street. Follow Route 74 South through Dallastown into Red Lion area on West Broadway. At the square, turn right onto South Main Street. Go 4 blocks and turn right onto Horace Mann Avenue. The pool is on the left located in the high school.



Indian Creek: (DUAL MEET 6/16/07) Route 83 North to Route 11 West. Take the Mechanicsburg exit. Follow Trindle Road out towards Camp Hill. Turn left at traffic light on to Sporting Hill Road (Country Meadows Estate is on the corner), you are now heading towards the Hampden pool and Hampden 8 Theater. Go straight through the traffic lights and down the hill, through the intersection and over the creek and then turn right into the Indian Creek development. Take the first left onto Cherokee Drive. Then turn right at the first stop sign onto Pawnee Drive. The entrance to the Indian Creek Recreation Club pool is on the right between 458 and 460 Pawnee Drive.

Hampden Township Park Pool: (HAMPDEN AQUATIC CLUB 6/14/08) Take Route 83 North towards Harrisburg. At the split, stay left and take exit towards SPCC/Camp Hill. Follow road for approximately 3 miles to exit marked "PA 641-Mechanicsburg". At bottom of exit at the stop sign, turn left onto Central Boulevard. Follow a short distance to the end and at the light take a left onto "Carlisle Pike". Proceed on Sporting Hill Road approximately 100 yards to light and turn right into Hampden Township Park.

Mechanicsburg Memorial Park: (MECHANICSBURG AQUATIC CLUB 6/21/08) Route 83 North to Route 11 West. Take the Mechanicsburg exit. Follow Trindle Road West until Washington Street, turn right. Pool is on left in memorial Park.

Northern High School: (Northern York YMCA 6/28/08) Follow Route 74 North through Rossville. This now becomes "Old York Road". Continue on Old York Road towards Dillsburg. About two miles before Dillsburg, at the bottom of the hill, turn left onto Warrington Road. Turn right onto to Stony Run Road. Follow Stony Run Road to Route 74. Turn right onto to Route 74 and follow a short distance to Northern York High School on the right.

Red Land High School Pool: (AQUATIC CLUB OF THE WEST SHORE 06/27/09) Take exit 16 (Fishing Creek) off I-83. Make a Left at the stop sign. Go approximately 1/2 mile up the hill. Turn Left into Red Land High School. Go all the way to the back of the building. Use the large parking lot outside the double doors.

Boiling Springs High School: (South Middleton Swim Club 7/10/10) Take Route 74 Exit Turn left onto Route 74 Follow Route 74 to stop light at intersection of Route 174 Turn left at the light onto Route 174 (Boiling Springs Road) Go approximately 2 miles (Pass Allenberry Playhouse on left) Turn right at the square in Boiling Springs. (Lake on left & Tavern on right) Go approximately 1/8 mile Watch for sign on right "South Middleton School District" (Arnold Street) Turn left opposite the sign onto Arnold Street Boiling Springs High School is at the top of the hill on the right side .

Spring Grove High School: (AAA Divisional Meet 7/24/10) Route 30 West towards Gettysburg make a left at the light onto 116 (Old Hanover Road) approximately 3.5 miles bare to the right at the circle onto Roth's Church Road approximately .5 of a mile before you will see the Spring Grove campus. The Spring Grove Natatorium is located at the Spring Grove High School. Turn left at the light and follow the road up the hill past the football field. Enter the school at the main doors.