



DAAC September 2016



For **ALL** Dover Community Swimming needs: www.swimdover.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	WEL	COME	BACK	SWIM	MERS	<i>From the DAAC Board & Coaches</i>
	DAAC	Team try outs	September	19, 20, 21 & 22	6:15 to 7:00 pm	10  YORK FAIR
11  YORK FAIR	12  YORK FAIR	13  YORK FAIR	14  YORK FAIR	15  YORK FAIR	16  YORK FAIR	RECRUIT FOR DAHS! Let Coach J know of any girl or boy who would like to join the HS team.
 DAAC TRY OUTS THIS WEEK!	19 DAAC NEW SWIMMER TRY OUTS 6:15 to 7:00 PM	20 DAAC NEW SWIMMER TRY OUTS 6:15 to 7:00 PM	21 DAAC NEW SWIMMER TRY OUTS 6:15 to 7:00 PM	22 DAAC NEW SWIMMER TRY OUTS 6:15 to 7:00 PM	25 NO DAAC PRACTICE	DAAC COACHES: 8 & U Coach Angie 8 & U Coach Christina 10 & U Coach Craig 10 & U Coach Lindsey
First night of DAAC practice for returning team members!	26 SR: 5:15-6:15 Gold: 5:15-6:15 W & R: 6:15-7:15 STROKE: GENERAL	27 SR: 5:15-6:15 Gold: 5:15-6:15 W & R: 6:15-7:15 STROKE: GENERAL	28 SR: 5:15-6:15 Gold: 5:15-6:15 W & R: 6:15-7:15 STROKE: GENERAL	29 SR: 5:15-6:15 Gold: 5:15-6:15 W & R: 6:15-7:15 STROKE: GENERAL	30 All DAAC teams: 5:15 to 6:15 p.m. Stroke: Freestyle TECHNIQUE	DAAC COACHES: 11-12 Coach Travis 11-12 Coach Eric 13-14 Coach Richard & Spangler

DOES SOMEONE YOU KNOW NEED **SWIMMING LESSONS**? If so have them contact daacswimlessons@gmail.com